

Devotional Booklet Title: “What’s My Why in Life?”

A 6-Day Journey to Purpose, Faith, and Freedom

Day 1: A Word to the Reader

“Call to me and I will answer you and tell you great and unsearchable things you do not know.”
— Jeremiah 33:3

Thank you for taking the time to reflect on these words. The question “What’s my why in life?” is one of the deepest questions a human can ask. It cuts through everything — our work, our fears, our regrets, and even our dreams.

This devotional isn’t here to preach at you — it’s here to walk with you. Whether you believe in God or not, these reflections are about something we all share: the desire for meaning, love, peace, and truth.

If you’ve felt hollow chasing what the world offers — success, security, approval — maybe that space inside wasn’t meant to be filled by those things. Maybe it was always meant for something more.

Reflect:

What are you chasing right now? Is it enough?

Optional Prayer:

God, if You're real — speak to me this week. I want to know what's true.

Day 2: The Gift of Free Will

“This day I call the heavens and the earth as witnesses... that I have set before you life and death, blessings and curses. Now choose life...”

— Deuteronomy 30:19

One of the greatest mysteries of life is that we have the power to choose. Every decision we make is shaping our “why.” Whether we choose to love or to hate, to forgive or to hold a grudge — it all matters.

You weren't made to be a machine or a mindless creature of instinct. You were created with conscience, with awareness, and with freedom. And with that freedom comes responsibility.

Your life is not random. You are not an accident. You were made in God's image, and He gave you a will so that love, faith, and purpose would mean something.

Reflect:

What are you choosing to live for? Are your choices leading you closer to peace or farther from it?

Optional Prayer:

God, help me use the free will You've given me wisely. Guide my choices with truth.

Day 3: The Hollow Spaces

“What good will it be for someone to gain the whole world, yet
forfeit their soul?”

— Matthew 16:26

Many people try to find their purpose in things — money, relationships, titles, even distractions like phones or entertainment. And for a while, it works. Until it doesn't.

The truth is, you can have everything this world offers and still feel empty. That hollow feeling is not failure — it's a sign that your soul was made for more.

God didn't create you to simply survive or succeed. He created you to live, to know Him, and to find a joy that isn't shaken by the world.

Reflect:

Have you ever chased something that left you feeling more empty
than before?

Optional Prayer:

God, reveal the things I'm using to fill the empty places in my heart.
Help me replace them with You.

Day 4: The Door and the Knock

“Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in...”

— Revelation 3:20

Jesus doesn't force His way into anyone's life. He knocks. He waits. He speaks through the whisper of your conscience, through quiet moments, through unexpected feelings — and He waits for you to open the door.

Why? Because real love respects your will. God could override your choices, but He won't. You're not a puppet. You're a person made in His image.

Maybe you've kept that door closed for a long time — or maybe you didn't even realize it was there. But if you feel the knock... you can open it.

Reflect:

What's stopping you from opening the door?

Optional Prayer: Jesus, I hear Your knock. I don't know everything, but I want to know You. I open the door today.

Day 5: The Gospel – The Love Story

“For God so loved the world that He gave His one and only Son...”
— John 3:16

The Gospel isn't about religion — it's about love.

God became flesh. Jesus lived a sinless life, was crucified, buried, and rose again — not to start a religion, but to restore a broken relationship between you and your Creator.

He didn't stay on that cross because He couldn't come down. He stayed because He wouldn't — not if it meant losing you. That's love.

And now, through Jesus, the same Spirit that raised Him from the dead can live inside you. That's what it means to be “born again” — not in flesh, but in spirit.

Reflect:

Do you believe this love story is for you? What would change if you did?

Optional Prayer:

Jesus, I believe You died for me. I believe You rose again. I receive Your forgiveness and Your Spirit. I want to walk with You.

Day 6: The Final Question – What’s My Why?

“Teach us to number our days, that we may gain a heart of wisdom.”
— Psalm 90:12

Life is short. Like a vapor. The people who know you now will one day be gone — and so will you. But your soul? That’s eternal.

Don’t wait for the world to give you a “why” — it never will. Your “why” begins when you realize that knowing God is not just part of life — it is life.

There will be a judgment day — not to condemn, but to reveal what we chose. Did we choose to know Him? Or to walk away?

The choice is yours — it always has been.

Reflect:

When your time is up, will you have lived with a purpose that echoes in eternity?

Final Prayer:

God, You made me for a reason. Help me walk in it. Help me know You. Help me finish this life full of faith, truth, and love.